

THINK POSITIVE

Positive Daily Affirmations for IVF Success

- ☀ Today is my day for a miracle to happen.
- ☀ My body is where it needs to be to accept and carry a baby.
- ☀ I am physically and emotionally strong enough to complete this IVF cycle.
- ☀ I love myself.
- ☀ I am proud of myself for doing everything in my power to conceive my baby.
- ☀ My partner is supporting me in every way I need them to.
- ☀ I have confidence in this process.
- ☀ I trust my body to do what it was made to do.
- ☀ Everything is exactly as it should be.
- ☀ I will be a mother.

Repeat these daily and have faith in yourself. Good luck on your journey!
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